



Statement of Understanding – Training with Strategos International

In order to ensure high-quality and meaningful training to all those attending Strategos International courses, please review and carefully consider each statement below prior to registration.

**Please Initial
Each Section**

- Strategos International was founded out of a strong desire to provide extremely realistic combative training as relates to law enforcement situations and military close quarter combat engagements.

Our courses are ***not administrative in nature***, they are specifically designed to place individuals and teams under the type of duress that closely simulates the stress of real-world engagements.

We believe that the demands operating in reduced illumination environments, and the realities of an active-shooter situation, require a similarly demanding training curriculum.

Our courses are for serious operators, not those wishing to simply check the box for another certificate.

Our courses are ***designed to impart a genuine capability*** to those who intend on bringing the data, concepts, tactics and training methodologies back to their respective departments.

- Based on this foundation, training as delivered through Strategos International is ***physically, mentally and emotionally challenging***. The Force-on-Force training is often painful, but not permanently damaging to the body.
 - Due to the tremendous volume of information and practical exercises, drills, and scenarios, Five-Day Instructor courses that include rigorous Force-on-Force will typically be ***10-11 hours in duration***.
 - This is not a physical fitness course per se, but it is ***highly recommended that you work on your flexibility, body-weight to strength ratio, and have reasonable cardiovascular fitness*** before participating in this type of training. We believe this is sound doctrine for anyone who carries firearms professionally. Those that are obese will have constant difficulties during the entire training course.
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- Five-Day Instructor Courses will include **6-10 hours of hands-on combative work typically identified as Defensive Tactics**. This combative work will not necessarily only be defensive in nature (i.e. Active Shooter Scenario).

Trainees will be drilled in following:

- Getting up and down properly using correct Skeletal Alignment.
- Proper Movement across terrain
- Bilateral Mechanics
- Weapons Retention and Removal
- Redirections
- Proper Take-Downs & Pins
- Working from the Ground if required

This block of training is designed to show the trainee new ways of problem solving, create a close interaction with fellow students, illustrate the principles of combat, provide principle-based and technically sound solutions to commonly faced attacks.

- Those attending training should arrive on Monday morning **mentally prepared to receive new concepts**. They should be prepared to give them a fair evaluation and demonstrate a strong spirit to apply them during the practical training blocks.

- The Strategos International and those students attending our courses **would rather you decline this training opportunity if you are not FULLY prepared to work EXTREMELY HARD during training**. Our training staff has already made this commitment to those who are spending the time, money, and effort to improve their tactical capabilities.

- **Strategos International staff members are required to maintain a “show you” capability**; nothing required of the students will fall outside of the following sequence:

- Tell You – Show You - Allow You – Evaluate Performance – Repeat -

We employ multimedia, handouts, note taking sheets, video review, practical drills, scenarios and full-mission profiles to expose you to maximize your training experience.

Staff members fully participate in role-playing as officers, suspects, & combatants.

Staff members serve as instructors, mentors, and **will always strive to maintain a teachable attitude**.

Signed: _____ Date: _____